### ORIGINAL ARTICLE

## Improvement of Photocatalytic Activity of TiO<sub>2</sub> Coating by the Modified Sol-gel Method

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#### **Synopsis**

Photocatalytic TiO<sub>2</sub> was coated on a stainless steel (SUS316L) substrate *via* a sol-gel method at a calcination temperature of 600°C. The sol-gel precursor (titanium isopropoxide) solution was modified by adding crystalline (anatase or rutile) TiO<sub>2</sub> particles to control the crystal phase of the TiO<sub>2</sub> coated on the substrate. The effect of the number of TiO<sub>2</sub> coatings was also evaluated. The TiO<sub>2</sub> coating was characterized by scanning electron microscopy, X-ray diffraction, and X-ray photoelectron spectroscopy. The photocatalytic activity was evaluated from the degradation of methylene blue solution on the TiO<sub>2</sub> coating after UV irradiation. The amount of bacteria adhered on the substrate was also evaluated. The TiO<sub>2</sub> coating comprising a binary phase (anatase/rutile weight ratio = 4.9/5.1) showed the highest photocatalytic activity, which improved after increasing the number of coatings. The amount of bacteria adhered on each TiO<sub>2</sub>-coated substrate was not significantly different from that on the uncoated substrate.

*Key words:* photocatalytic activity; *TiO*<sub>2</sub>; anatase; rutile; sol-gel method

#### Introduction

In recent years, the number of patients in each age group who opt for orthodontic treatment to assist with improved oral hygiene and treatment of malocclusions has been increasing [1-3]. In general, the risk of caries formation and periodontal disease increases during an orthodontic treatment [4-8]. Therefore, long-term management is necessary to obtain good treatment results [9, 10]. During long-term management, the mouth cleaning state of the patient is checked during every hospital visit for the orthodontic treatment, and if the cleaning state is bad, the proper toothbrushing method is explained to the patient, and intraoral cleaning is performed by a

dentist or a dental hygienist. To assist with long-term management, a bracket material that possesses properties to help prevent the adhesion of dental plaque or to decompose any adhesive products would be greatly beneficial in the prevention of oral diseases during orthodontic treatment.

Titanium dioxide (TiO<sub>2</sub>), which shows photocatalytic action [11-15], has practical applications in the field of air and water purification [16, 17], and is also used as a whitening material in the field of dentistry [18-20]. When light is absorbed into a photocatalyst, excited electrons and holes are formed. These can reduce (electrons) or oxidize (holes) the  $H_2O$  surrounding the photocatalyst, causing the generation of free radicals such as hydroxyl (OH) radicals [21]. The OH radicals generated by photoirradiation have a strong oxidation power and will destroy organic compounds around the photocatalyst. Photocatalytic TiO<sub>2</sub> is available generally in two crystal phases - anatase and rutile. A binary crystal phase (i.e., a mixture of anatase and rutile) is known to improve the photocatalytic activity, compared to single crystal phases alone [22-27]. Coatings of TiO<sub>2</sub> can be produced by vapor deposition (e.g., sputter deposition [28], electron beam evaporation [29], filtered arc deposition [30], and wet chemical (e.g., sol-gel method [31,32] techniques. Compared to the vapor deposition techniques that have difficulties forming uniform coatings on substrates with complex shapes, the sol-gel method is independent of the substrate shape and has good control of the coating composition, thickness, and topography [31, 32].

In this paper, we describe the development of orthodontic dental brackets incorporated with photocatalytic antibacterial properties with the ultimate goal of improving oral health during orthodontic treatments. This was accomplished by controlling the crystal phase of a TiO<sub>2</sub> layer formed on a stainless steel substrate, which is generally used as a bracket material [33]. The crystal phase composition was controlled by adding as-prepared rutile TiO<sub>2</sub> particles in a sol-gel method. Furthermore, we compared the photocatalytic activity of samples prepared with different numbers of coatings.

# Materials and Methods *Materials*

Stainless steel disks (SUS 316L; diameter: 12 mm or 25 mm; composition (% by atoms): C < 0.08, Si < 1.00, Mn < 2.00, P < 0.045, S < 0.030, Ni =  $10.00 \sim 14.00$ , Cr =  $16.00 \sim 18.00$ , Mo =  $2.00 \sim 3.00$ , Fe = balance; Tsubame Bussan Co. Ltd., Niigata, Japan) were used as a model material for orthodontic dental brackets. Ultrapure Milli-Q water was used throughout this study. Diethanolamine (DEA), isopropanol (*i*-PrOH), and titanium isopropoxide (TTIP) (Nacalai Tesque, Inc., Kyoto, Japan) were used as reagents in the precursor solution. Acetone and

nitric acid (Wako Pure Chemical Industries, Ltd., Osaka, Japan) were used for organic compound removal. Anatase (average particle size of 24 nm) and rutile particles (average particle size of 410 nm) (Sigma-Aldrich Corporation, St. Louis, MO, USA) were used to modify the precursor solution.

#### *TiO*<sub>2</sub> *coating*

The precursor solution for the  $TiO_2$  coating was prepared by the following method [11]. First, DEA was dissolved in *i*-PrOH, and TTIP (0.1 mol/L) was subsequently added to the solution at room temperature. After the solution was stirred at 300 rpm for 2 h at room temperature, a water/ isopropanol (1/10 in volume ratio) solution was added drop-wise under vigorous stirring to prepare a clear precursor solution for the  $TiO_2$ coating. The final molar ratio of the solution containing TTIP/DEA/water was 1/1/1.

In order to prepare the modified precursor solution, commercially available anatase or rutile particles were added to the precursor solution (TiO<sub>2</sub> formed from TTIP / TiO<sub>2</sub> of the particles added (w/w) = 7/3). The solution was subjected to sonication for 5 min to disperse the particles which had been added to it. The uncoated stainless steel substrates were cleaned by acetone and concentrated nitric acid, washed with water, and then dried at room temperature. The  $TiO_2$  coating was produced by dropping 74 µL of the above solution onto the stainless steel substrate, drying at room temperature, treating thermally at 600 °C (heating rate: 10 °C/min) for 30 min in air on a crucible in a horizontal furnace, and then cooling naturally in the furnace to room temperature. Coatings with different thicknesses were prepared by repeating the above procedure three or five times.

#### **Characterization**

The crystal phase of TiO<sub>2</sub> formed on the substrate was identified with an X-ray diffraction (XRD) apparatus (XRD-6100; Shimazu Corp., Kyoto Japan) equipped with a Cu-K $\alpha$  radiation source. The weight ratio of anatase and rutile was determined from the intensity ratio of the  $2\theta$ peaks at 25.3 (anatase) and 27.5° (rutile), and a calibration curve was prepared from XRD measurements of a mixture of commercially

available anatase and rutile particles. X-ray photoelectron spectroscopy (XPS) measurements were conducted to determine the elemental distributions by depth using a PHI X-tool (Ulvac-Phi, Inc., Kanagawa, Japan) equipped with an Al-K $\alpha$  radiation source (15 kV; 48 W; Acquisition Area: 204 nm) at a pass energy of 140.00 eV, a step size of 0.250 eV, Ar sputtering of 5 kV (approximately 368 nm/sweep), sweeps of 40, and a takeoff angle of 45° for Ti2p, O1s, Fe2p3, Ni2p3, Cr2p3, and C1s. The thickness of the coating layer was determined based on the point at which the Ti concentration started to decrease in the depth profile. The surface composition of Fe, Ni, and Cr were compared at the depth of 0 nm (*i.e.*, no Ar sputtering). The measurements were conducted for three randomly selected points on each sample, and the data were presented as means  $\pm$  standard deviations of the mean (N=3). The surface microstructure of the coating was observed by scanning electron microscopy (SEM) using a 5 kV S-4800 (Hitachi High Technologies Corp., Tokyo, Japan) after the sample was sputter coated with Pt-Pd.

#### Photocatalytic activity

The photocatalytic activity of the TiO<sub>2</sub> coating was evaluated from the degradation rate of a methylene blue solution as follows. A silicon tube (inner diameter: 12 or 25 mm depending on the size of sample; height: approximately 1 cm) was fitted on the circumference of the sample disks, and 2 mL of the methylene blue solution (0.02 mmol/L) was poured into the silicone tube. The sample was placed approximately 1 cm (TOP<sup>®</sup> UV lamp away from а UV IRRADIATOR; wavelength, 300-400 nm with a peak centered at 352 nm) and irradiated for 1 h. A portion of the methylene blue solution (100  $\mu$ L) was removed every 15 min, and the absorbance was measured using a SpectraMax M5 (Molecular Devices, Sunnyvale, CA, USA) at a wavelength of 664 nm.

#### **Bacterial adhesion**

The amount of adhered bacteria on the substrate was evaluated by the following method. The *Ac-tinomyces oris* strain MG-1, which is one of the primary bacteria that initiates the formation of

biofilms on teeth [34, 35], was grown aerobically in a heart infusion broth (HIB, Difco Laboratories) at 37 °C overnight. The TiO<sub>2</sub> coated substrates (no particle addition, anatase particle addition and rutile particle addition) were used after cleaning and sterilizing with an autoclave. Four milliliters of culture were inoculated into 36 mL of heart infusion broth (HIB) supplemented with 0.2% sucrose. The TiO<sub>2</sub> coated substrates were placed in each hole of a 24-well plate and incubated with bacteria at 37 °C under aerobic conditions. After 16 h, the culture supernatant was removed from the 24-well plate and the substrates were washed with distilled water. The substrates were then stained with 0.5% crystal violet for 10 minutes and washed with distilled water. The substrates were carefully transferred to another 24-well plate and then dipped in 1 mL of 95% ethanol for 1 h. The absorbance of the extracted crystal violet was measured at 590 nm using a Spectra Max M5. Uncoated stainless steel substrates were used as a control.

#### Results

#### Gloss observation

Figure 1 shows digital photographs of the surface of  $TiO_2$  coated three times on SUS 316L stainless steel substrates. In the case of the conventional sol-gel method without particle addition (Fig. 1a), the coating layer was transparent and the stainless steel substrate could be observed through the coating layer. In contrast, opaque coating layers were obtained and the metal color was shielded when the modified sol-gel methods incorporating both kinds of particle addition were used (Figs. 1b and c).

#### SEM observation

Figure 2 shows SEM images of the surface of the  $TiO_2$  coatings. In the case of the conventional sol-gel method (Fig. 2a), dense coating layers were formed and cracks were not observed regardless of the number of coatings. For the modified sol-gel methods with both types of particle addition, microcracks were observed for single coatings (Figs. 2b-1, c-1) and the cracks were filled by repeated coatings (Figs. 2b-2 and 2b-3 for anatase particle addition; 2c-2 and 2c-3 for rutile particle addition).



**Fig. 1** The surface color of three  $TiO_2$  coatings on stainless substrates: (a) no particle addition; (b) anatase particle addition 7/3; (c) rutile particle addition 7/3



**Fig. 2** SEM surface images of the  $TiO_2$  coatings on stainless substrates: (a) no particle addition; (b) anatase particle addition 7/3; (c) rutile particle addition 7/3; 1: single coating; 2: three coatings; 3: five  $TiO_2$  coatings

#### **XRD** analysis

Figure 3 shows the XRD patterns of the  $TiO_2$  coated substrates. The intensities of the diffraction peak at 25.3° (anatase) increased with the increase in the number of coatings for all types of sol-gel coatings. In the case of the conventional coating (Fig. 3a) and the modified coating with anatase particles, a rutile phase could not be detected. On the other hand, in the case of the modified coating with rutile particles, a binary

crystalline phase consisting of anatase and rutile was observed on the substrate (Fig. 3c). The anatase/rutile weight ratios varied from the theoretical value (7/3) calculated from the loading ratio of TTIP and rutile TiO<sub>2</sub> particles under the assumption that the TiO<sub>2</sub> formed from TTIP was anatase, and the determined anatase/rutile weight ratios were as follows: 4.6/5.4 for a single coating; 4.9/5.1 for three coatings (c-2); and 6.3/3.7 for five coatings.



**Fig. 3** XRD patterns of the  $TiO_2$  coatings on stainless steel substrates at different numbers of coatings: (a) no particle addition; (b) anatase particle addition 7/3; (c) rutile particle addition 7/3; 1: single coating; 2: three coatings; 3: five  $TiO_2$  coatings



**Fig. 4** XPS(depth) of the TiO<sub>2</sub> coatings on stainless substrates: (a) no particle addition; (b) anatase particle addition 7/3; (c) rutile particle addition 7/3; 1: single coating; 2: three coatings; 3: five TiO<sub>2</sub> coatings

--- Ti2p3, --- O1s, --- Fe2p3, --- Ni2p3, --- Cr2p3, --- Si2p, --- C1s, --- Mo3d)

#### **XPS** analysis

The elemental depth profiles (Ti, O, Fe, Ni, Cr and C; see Fig. 4), the thicknesses (Fig. 5), and surface compositions (Fig. 6) of the TiO<sub>2</sub> coatings were compared. The thickness of the TiO<sub>2</sub> coating layer in each case increased with an in-

crease in the number of coatings. Both Fe and Cr included in the stainless steel substrates were detected, but Ni was not detected. The ratio of Fe decreased while the ratio of Cr did not change with an increasing number of coatings.



Fig. 5 Film thickness of the  $TiO_2$  films at different numbers of  $TiO_2$  coatings.



Fig. 6 XPS(depth) of the composition of  $TiO_2$  coatings layers: (a) no particle addition; (b) anatase particle addition 7/3; (c) rutile particle addition 7/3

#### Photocatalytic activity

Figure 7 shows the photocatalytic activities of the  $TiO_2$  coated stainless steel substrates determined from the degradation rate of methylene blue. The rutile particle addition ( $TiO_2$  formed

from TTIP/ TiO<sub>2</sub> of the particles added (w/w) = 7/3) (Fig. 7c) with three coatings had the quickest degradation speed of 0.02 mmol/L methylene blue solution. The anatase particle addition (TiO<sub>2</sub> formed from TTIP/ TiO<sub>2</sub> of the particles



**Fig. 7** Photocatalytic performance of specimens evaluated using the degradation speed of methylene blue solution: (a) no particle; (b) anatase 7/3; (c) rutile 7/3; (d) rutile 9.5/0.5; (e) rutile 9/1;(f) rutile 8/2



**Fig. 8** Amount of adhered oral *Actinomyces* on the substrate (no UV irradiation) (a) no particle addition; (b) anatase particle addition 7/3, single coating; (c) rutile particle addition 7/3, single coating; (d) control.

added (w/w) =7/3) (Fig. 7b) with three coatings was the second quickest. An apparent correlation between increasing degradation rates and number of coatings was observed for coatings with no particle addition (Fig. 7a), as well as with rutile particle addition at ratios of 9.5/0.5 (Fig. 7d), 9/1 (Fig. 7e) and 8/2 (Fig. 7f). No apparent correlation between degradation rates and number of coatings was observed for either anatase (Fig. 7b) or rutile (Fig. 7c) additions at a ratio of 7/3.

#### **Bacterial** adhesion

Figure 8 shows the amount of adhered *Actino-myces oris* MG-1 on the samples. While slight differences between the substrate with the  $TiO_2$  coating and the control samples were observed under the dark conditions conducted in this study, the results were not considered to be significant.

#### Discussion

Stainless steels have been frequently used in orthodontic dental brackets due to their mechanical properties and low cost. There is, however, concern regarding the effects of the high-temperature treatment, e.g., decreased mechanical properties due to the microstructural changes induced by the heat treatment of high-carbon content stainless steel at 650 °C [36]. Therefore, the development of a  $TiO_2$ sol-gel coating at low temperature is needed, though binary TiO<sub>2</sub> crystal phases are generally obtained at treatment temperatures > 600 °C [37]. In this study, a binary TiO<sub>2</sub> crystal phase was prepared by the modified sol-gel method using as-prepared rutile particles.

Titanium dioxide particles have been industrially used as a white pigment for papers and paints due to their high refractive index (*i.e.*, light scattering efficiency). The  $TiO_2$  coating layer formed by the conventional sol-gel method without particle addition was transparent, whereas the layer formed by the modified methods effectively shielded the metallic color of the stainless steel substrate, which was attributed to the light scattering efficiency of the added particles. The opaque coating should be useful for improving the aesthetics of orthodontic dental brackets.

In the SEM observation, the surface

roughness of the coating layer increased in the case of the modified method that incorporated rutile particles, compared to the conventional method. This was thought to be because the particle size was relatively large (410 nm) and some particles likely aggregated during the coating procedure. The surface roughness problem could be solved by using smaller sized rutile particles with higher dispersibility in the liquid media.

A TiO<sub>2</sub> coating layer with a binary crystal phase was obtained *via* a low temperature treatment (600 °C) by adding rutile particles to the precursor solution. The composition (anatase/ rutile ratio) of the TiO<sub>2</sub> coating layer was easily controlled by changing the amount of rutile particles added. Note that the rutile/anatase ratio tended to be larger than the ratio calculated from the amount of rutile particles added, which might have been due to the rutile particles acting as an epitaxial nucleation/growth site for TiO<sub>2</sub> crystals formed from TTIP decomposition. Ghasemi et al [38], reported that transition metal (Fe, Cr, Mn, Co, Ni, Cu and Zn) doped TiO<sub>2</sub> nanoparticles exhibit higher photocatalytic activity than pure TiO<sub>2</sub>, and that Fe and Cr can catalyze anatase-rutile transformation. Therefore, the migration of Fe and Cr ions from stainless steel substrates into the coating layer might also assist with the transition of anatase to rutile in the presence of rutile particles.

The TiO<sub>2</sub> coating layer of a single crystal phase (i.e., anatase) was also obtained in the case of the modified method with anatase particles, suggesting that the composition of the  $TiO_2$ coating layer could also be easily controlled by changing the mix ratio of rutile/anatase particles. When comparing the number of coatings, the photocatalytic activity improved with an increased number of coatings for all coatings in each training ratio (Fig. 7a, d-f), though this trend was not observed for anatase 7/3 (Fig. 7b) and rutile 7/3 (Fig. 7c). The reason for the improvement in photocatalytic activity with an increased number of coatings was attributed to the increased thickness of the TiO<sub>2</sub> coating layer, which would absorb more light with an increased number of coatings. The largest photocatalytic activity measured in this study was from the TiO<sub>2</sub> coating prepared using the rutile particles (TiO<sub>2</sub> formed from TTIP/TiO<sub>2</sub> of particle (w/w) =7/3) with three coatings. These results suggest that the composition of transition metal (especially, Fe), which decreased with an increased number of coatings (*i.e.*, coating thickness), is also important to improve the photocatalytic activity.

In the result of bacteria adhesion examination, a significant difference was not obtained between the  $TiO_2$  coating and control sample. This result suggested that the degree of bacteria adhesion did not change between the  $TiO_2$  coating and control when there was no UV irradiation.

#### Conclusion

In this study, we investigated the structure of TiO<sub>2</sub> coating layers on stainless steel substrates that are frequently used as the main material in orthodontic dental brackets. We also compared the photocatalytic activity of TiO<sub>2</sub> coatings with no particles to coatings with anatase or rutile particles added. We demonstrated that Fe and Cr concentrations in the TiO<sub>2</sub> coatings layer were the largest in a single coating with rutile particle addition. We also demonstrated that increasing the total number of coatings resulted in higher photocatalytic activity compared to single coatings. The TiO<sub>2</sub> coating with a controllable binary crystal phase can potentially contribute to the development of photocatalytic orthodontic dental brackets for improving oral health during orthodontic treatments.

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(Received: October 23, 2015/ Accepted: December 19, 2015)

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